

NEED A PLACE TO REFOCUS, RELAX, AND REFRESH? ASK US ABOUT BOOKING OUR SENSORY ROOM, THE COMFORT ZONE.

## **CONTACT US**

- **(2)** 847-626-2041 EXT 280
- 128 N. County Street Waukegan, IL 60085



# Sensory Kits for Checkout!



## SENSORY KITS

Sensory kits are an important way to support neurodivergent and neurotypical individuals. These kits help support communication, selfregulation, and mindfulness. Items in our collection include:

- Emotional Awareness Launchpad
- Portable translation pen
- Sign language cards
- Weighted items
- Noise-canceling headphones

- Sensory discsCalming lamp
- Feelings mirror
- Self calming
  cards
- Pressure foam roller

The collection is housed next to our Comfort Zone: A Sensory Room for Kids, Families, and Friends. Items can be checked out for three weeks, with no limit on the number of items per card, and are renewable if there is no wait. This collection supports kids, families, teachers, and caregivers by providing a variety of items to try at home. The library will continue to provide a welcoming and inclusive place for everyone.



# WHAT IS NEURODIVERSITY?

"The term neurodiversity describes the natural variation of human brains in the ways people think, process information, and behave. Neurodiversity includes many different ways of thinking and being, such as autism or ADHD"

-Neurodiversity Initiative

### RECOMMENDED READS

Staff are happy to help locate and suggest titles. Visit any front desk for help.

#### PICTURE BOOKS

A Friend for Henry by Jenn Bailey My Rainbow by DeShanna Neal The Perfect Project by Tracy Packlam Alloway Me and My Sister by Rose Robbins Alex and His Magical Colors by Joe Denham This Beach is Loud by Samantha Cotterill

#### **FICTION**

A Boy Called Bat by Elana K. Arnold We Could Be Heroes by Margaret Finnegan Kids Like Us by Hilary Reyl Every Shiny Thing by Laurie Morrison Same but Different by Holly Robinson Peete

#### **NON-FICTION**

Parenting a Child with Autism Spectrum Disorder by Albert Knapp Sincerely, Your Autistic Child by Autistic Women and Nonbinary Network Breathe Like a Bear by Kira Willey A Different Kind of Normal by Abigail Balfe Divergent Mind by Jenara Nerenberg

We offer a variety of parenting and selfhelp books in our Adult Non-Fiction collection. 371.9, 618.9285, 649.15